

# Institute for Sport Coaching

5 Prospect Street \* Acton MA 01720 \* 978-263-9965

---

## NEWS RELEASE

CONTACT: Bill Clapper (PIO), wclapper@mail.instituteforsportcoaching.org  
Chris Hickey (Executive Director), chris.hickey@instituteforsportcoaching.org  
Maria Maginnis, Maria.Maginnis@childrens.harvard.edu

January 25, 2005

## **Dr. Lyle Micheli Joins ISC Board of Advisors**

*Harvard Professor a Leader in Care for Young Athletes*

ACTON, Mass. -- Dr. Lyle J. Micheli, a professor of orthopedic surgery at Harvard Medical School, was recently named to the Institute for Sports Coaching Board of Advisors.

Micheli is vice president of the International Federation of Sports Medicine and was chairman of the Massachusetts Governor's Council on Fitness and Sports from 1991 to 2004. He is a past president of the world's largest association of sports care professionals, the American College of Sports Medicine.

Micheli is known for his pioneering work in the field of pediatric and adolescent sports medicine, and he has treated several professional dancers and athletes.

"The Institute is overjoyed to have Dr. Micheli, a long-time supporter of sports coaching education, join our Board of Advisors," said ISC founder and Executive Director Christopher Hickey. "He is a national leader in sports medicine, and he knows the great value that trained sport coaches provide with safe environments for athletes of all ages to train and compete. We look forward to his advice in shaping the future of the Institute."

As an advisor to the ISC, Micheli brings a medical and care viewpoint to the ISC's efforts. He joins other advisors from academia, the coaching profession and coaching education.

In 1974, Micheli co-founded the nation's first clinic focused exclusively on the care of young athletes. He remains the director of this unit, which in 1982 became known as the Division of Sports Medicine at Boston Children's Hospital.

Micheli has authored and published hundreds of clinical studies, scholarly review articles and books. He has appeared several times on ABC TV's "Good Morning America" to comment on sports care issues, and was a primary focus of an NBC TV special on sports medicine. He was profiled in a four-page article in People magazine and an article about him appeared on the cover of USA Today.

An athlete himself, Micheli represented Harvard College in football, rugby, lacrosse and boxing and still found time to graduate cum laude. Micheli has two grown daughters and lives with his wife Anne in Brookline, Mass., within walking distance of Boston Children's Hospital.

Many of Dr. Micheli's articles and publications may be accessed at: [www.lylemichelimd.com](http://www.lylemichelimd.com). Some of Dr. Micheli's recent publications include: The Sports Medicine Bible for Young Athletes (Sourcebooks); The Sports Medicine Bible (Harper Perennial); SportsWise: An Essential Guide for Young Athletes, Parents and Coaches (Houghton Mifflin Co.)

---ISC---

The Institute for Sport Coaching (ISC), headquartered in Acton, MA, is a national, nonprofit organization dedicated to developing and delivering educational experiences and leadership tools critical to the advancement and improvement of sport coaches in the United States. The Institute develops and nurtures professional, intercollegiate, interscholastic and youth sport coaches, and prepares them to provide positive experiences in sport and life skills to athletes. ISC's goals include combating obesity and inactivity among America's youth and creating safe and quality sports experiences for young athletes through a network of quality sport coaches. Please see [www.instituteforsportcoaching.org](http://www.instituteforsportcoaching.org) for more information.