



Institute for Sports Coaching

Friends of the Institute Newsletter

2009 continues to be a break through year for us. Our Metro Boston Coaches Academy is now two years old.

Metro Boston Coaches Academy Now 2 Years Old!

Happy belated Fourth of July weekend to you and your families. We finally enjoyed some rain-free weather here in Massachusetts as we celebrated the 233rd anniversary of the founding of our nation. We also have other reasons to celebrate! The Institute's Metro Boston Coaches Academy (MBCA) is now over two years old. We started back in late June of 2007 with our first workshop at the Bowdoin Street Health Center.

We have come far from that modest first workshop. Our workshops have reached over 250 coaches with over half of them being trained in 2009. It is anticipated we will reach at least another 100 before 2009 is over. In the two years since we started the MBCA, we have worked in many parts of the metro Boston area and have provided our services to:

- City of Cambridge Parks & Recreation
- Charlestown Lacrosse & Learning Center
- Charlestown Youth Baseball
- Boston Centers for Youth & Family
- Metro Lacrosse
- Bird Street Community Center
- Boston Neighborhood Basketball League
- Up2Us
- Go Girl Go Boston
- Roxbury Family YMCA
- Franklin Park Tennis Association
- Grove Hall Youth Baseball
- Boys & Girls Club of Assabet Valley
- Junior Coaches Academy (Sport in Society @ Northeastern)
- Somerville Girls Youth Basketball

A great deal of thanks is due to our supporters who believe in the Institute's mission of improving sports by creating a network of quality-trained sport coaches. Our gratitude goes out to Chris Lynch of the Boston Youth Sports Initiative, the Amelia Peabody Foundation, Ryan Fitzgerald of the Boston Centers for Youth and Family, the Children's Hospital Community Foundation Fund, and Paul Ryder of Cambridge Parks & Recreation.

More importantly, we have great working partnerships with Professor Karen Collins of the University of New Hampshire, and Ms. Nancy Clark, the nationally acclaimed sport nutritionist, to develop new curriculum for our workshops. We will have our Advanced Successful Youth Coaching Workshop ready this fall which will feature four new hours of material.

Be assured that this is not the finish line for us. In the next few months, we plan on unveiling our sport coach mentoring program as well as our Junior Coaches Leadership Academy. Both of these new programs are heavily aligned and integrated to be part of several Corporation for National Service Programs, which we believe will be very important when the recent Serve America Act programs are funded and implemented.

Support the Institute

An easy way to financially support the Institute is through your online shopping. You can contribute to the Institute via two affiliate shopping opportunities--either on the [Institute's Affiliate Shopping Page](#) or on the new [GoodShop website](#). Please note, the Institute receives a higher rate of donation on sales made through our site.

Also, always available to you is the opportunity to donate online via [our page](#) on the Network for Good.

From the Director's Chair

Our momentum continues to build with 12 workshops completed this year and five more scheduled.

We also need your help in developing ways of showing our appreciation to the sport coaches in our communities. [Up2Us](#) is spearheading the effort to have Congress declare a National Coach Appreciation Week. Please sign their [petition](#).

Thanks for your support and I am looking forward on reporting how much progress we have made in our next newsletter.

Sincerely,

Christopher Hickey
Executive Director
Institute for Sport Coaching